

## The EMFSafe "E" Pen



### Find the "Elephant in the room" (the "E" of EMF) - Electric Fields

Identify electric fields ANYWHERE: at home, work, a store, restaurant etc. You can now avoid high "E" fields and choose to sit or stand in a low "E" area to reduce your daily load.

### Be informed • Be empowered Be in control

Find hidden sources: wires in walls and/or floor etc. and test their levels with the body voltage meter.

### How to hook up the meter



Test circuit for safe ground  
Plug white ground cord into wall

**EMFSafe is the American manufacturer  
of the original - UL listed:**

EMFKillSwitch  
EMFSleepSwitch  
EMFSafeSwitch

Now with optional whole house dirty electricity "DE" power quality PQFilter™

With various models, this switch remotely and safely turns off circuits in your home (day or night) to reduce your EMF exposure & help create a sleep sanctuary.

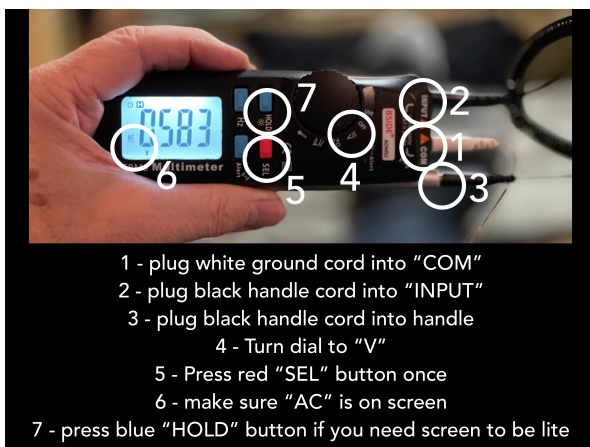
### International Institute for Building Biology: BODY VOLTAGE GUIDELINES FOR SLEEPING AREAS

The Building Biology Evaluation Guidelines are based on the precautionary principle. They are specifically designed for sleeping areas associated with long-term risks and a most sensitive window of opportunity for regeneration. They are based on the building biology experience and knowledge, scientific studies and other recommendations and focus on achievability,

**No Concern < 10 m/V**  
**Slight Concern 10-100 m/V**  
**Severe Concern 100-1,000 m/V**  
**Extreme Concern > 1,000 m/V**  
(m/V = milli-volts)

**BVK**  
Body Voltage Kit  
**Live**  
**E**  
**Safe**  
.com

# The Body Voltage Meter



Easy to use

## Measure

**Don't be double grounded,  
if standing - wear shoes.**

Leave the handle attached to the meter for convenient one handed operation as shown or remove from clip and hold separately if preferred.

Contact with handle measures your body voltage going to ground in milli-volts on the readout. (583 & 556 m/V above.)

### Daytime mitigation

During the day aim for a reading below 0.999 m/V. Measure, unplug, move things away & see reading go down.

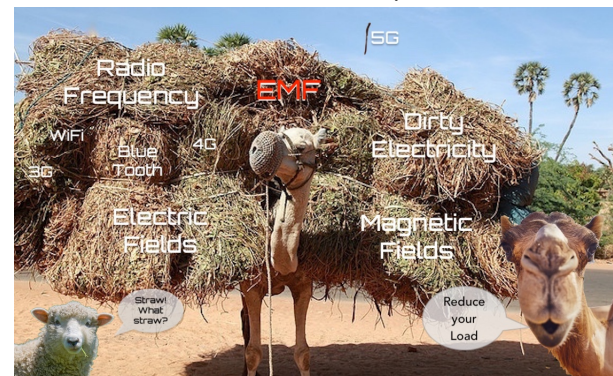
### Bedroom mitigation

- Lie in bed and take a reading.
- Switch off room breakers
- If reading not below 0.100 turn off room next door & below etc. until reading is below 100mV.
- Now you know which circuits are impacting you & by how much.
- If you are in contact with a grounding pad or standing bare foot you are double grounded & will get a false reading. When standing wear shoes.

**Order the EMFSafe Switch  
that is right for you**

# The EMFSafeSwitch

EMF is everywhere and it's effects add up!

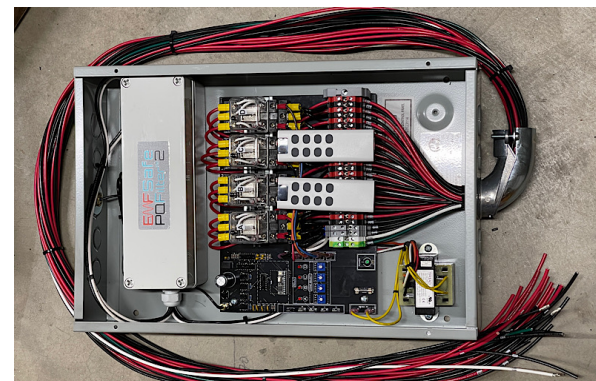


## Fix

An EMFSafeSwitch can reduce your daily EMF LOAD by as much as 70%, helping your immune system & sleep.

They are **UL listed** for safety & come complete (NOT a kit) ready to install next to your main electrical panel.

## TAKE ACTION



Paperwork: [www.LiveEMFSafe.com/measure](http://www.LiveEMFSafe.com/measure)

[www.LiveEMFSafe.com](http://www.LiveEMFSafe.com) • [support@emfsafeinc.com](mailto:support@emfsafeinc.com) • 541-944-EMF0 (3630)